



Note: Ages 2 -4 years old have a morning snack of Simit and Milk, and an afternoon snack of fruit.

43822	4 43823	4 43824	4 43825	4 43826	4 43827	4 43828
30 0	31 1	1 1	2 2	3 3	4 4	5
6 6	7 7	8 8	9 9	10 0	11 1	12
Spaghetti Bolognese	Ratatouille	Chicken Noodles	Pizza	Chicken Burger		
Seasonal Salad	Rice with Lentils	Cut Fresh vegetables	Mixed Vegetables	French Fries		
	Yoghurt			Salad		
Seasonal Fruit	Chocolate Cake	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit		
13 3	14 4	15 5	16 6	17 7	18 8	19
Pasta with Creamy Chicken & Mushroom Sauce	Vegetable Cassarole (peas, corn & carrots)	Chicken Goujons	Cheese Pastry	Cyprus Style Kofte		
Carrots	Bulgur Wheat	French Fries	Mixed Vegetables	Rice		
Sweetcorn	Yoghurt	Salad		Seasonal Salad		
Seasonal Fruit	Apple Crumble & Custard	Seasonal Fruit	Seasonal Fruit	Yoghurt		
				Seasonal Fruit		
20 0	21 1	22 2	23 3	24 4	25 5	26
Oven Baked Pasta with Mince	BBQ Chicken	Fish Kofte	Haricot Beans with Carrots, Celery & Potatoes	Beef Burger		
Shepherd's Salad	Rice	Roast Potatoes	Bulgur Wheat	French Fries		
	Carrot & Cucumber Sticks	Salad	Cacık	Salad		
Seasonal Fruit	Seasonal Fruit	Irmik Helva	Seasonal Fruit	Seasonal Fruit		
27 7	28 8	29 9	30 0	31 1	1 1	2
Green Beans with Carrots	Jacket Potato	Chicken Meatballs	Chickpea with Carrots	Izmir Kofte		
Bulgar Wheat	Chilli, Tuna or Cheese Filling	Rice	Bulgar Wheat	Potatoes		
Yoghurt	Salad		Yoghurt	Seasonal Salad		
Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Chocolate Pudding	Seasonal Fruit		