



Note: Ages 2 -4 years old have a morning snack of Simit and Milk, and an afternoon snack of fruit.

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1	2
			Chicken Kofte	Beef Burger
			Roast Potatoes	French Fries
			Salad	Salad
			Irmik Helva	Seasonal Fruit
5	6	7	8	9
Cyprus Style Pasta With Mince	Ratatouille	Chicken Meatballs	Chickpea with Carrots	Izmir Kofte
Mixed Vegetables	Rice with Lentils	French Fries	Bulgar Wheat	Potatoes
	Yoghurt	Salad	Yoghurt	Seasonal Salad
Seasonal Fruit	Seasonal Fruit	Chocolate Pudding	Seasonal Fruit	Seasonal Fruit
12	13	14	15	16
Spaghetti Bolognese	Jacket Potato	Chicken Noodles	Pizza	Chicken Burger
Seasonal Salad	Chilli, Tuna or Cheese Filling	Cut Fresh vegetables	Mixed Vegetables	French Fries
	Salad			Salad
Seasonal Fruit	Seasonal Fruit	Chocolate Cake	Seasonal Fruit	Seasonal Fruit
19	20	21	22	23
Pasta with Creamy Chicken & Mushroom Sauce	Vegetable Cassarole (peas, corn & carrots)	Chicken Goujons	Cheese Pastry	Cyprus Style Kofte
Carrots	Bulgur Wheat	French Fries	Mixed Vegetables	Rice
Sweetcorn	Yoghurt	Salad		Seasonal Salad
Seasonal Fruit	Apple Crumble & Custard	Seasonal Fruit	Seasonal Fruit	Yoghurt
26	27	28	29	30
				Seasonal Fruit