



Note: Ages 2 -4 years old have a morning snack of Simit and Milk, and an afternoon snack of fruit.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Green Beans with Carrots	Jacket Potato	Chicken Meatballs	Chickpea with Carrots	Izmir Kofte
Bulgar Wheat	Chilli, Tuna or Cheese Filling	Rice	Bulgar Wheat	Potatoes
Yoghurt	Salad		Yoghurt	Seasonal Salad
Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Chocolate Pudding	Seasonal Fruit
9	10	11	12	13
Spaghetti Bolognese	Ratatouille	Chicken Noodles	Pizza	Chicken Burger
Seasonal Salad	Rice with Lentils	Cut Fresh vegetables	Mixed Vegetables	French Fries
	Yoghurt			Salad
Seasonal Fruit	Chocolate Cake	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
16	17	18	19	20
Pasta with Creamy Chicken & Mushroom Sauce	Vegetable Cassarole (peas, corn & carrots)	Chicken Goujons	Cheese Pastry	Cyprus Style Kofte
Carrots	Bulgar Wheat	French Fries	Mixed Vegetables	Rice
Sweetcorn	Yoghurt	Salad		Seasonal Salad
Seasonal Fruit	Apple Crumble & Custard	Seasonal Fruit	Seasonal Fruit	Yoghurt
23	24	25	26	27
Oven Baked Pasta with Mince	Southern Baked Chicken	Haricot Beans with Carrots, Celery & Potatoes	BBQ Chicken	Beef Burger
Shepherd's Salad	Roast Potatoes	Bulgar Wheat	Rice	French Fries
	Carrot & Cucumber Sticks	Cacık	Carrot & Cucumber Sticks	Salad
Seasonal Fruit	Seasonal Fruit	Irmik Helva	Seasonal Fruit	Seasonal Fruit
30	31			
Green Beans with Carrots	Jacket Potato			
Bulgar Wheat	Chilli, Tuna or Cheese Filling			
Yoghurt	Salad			
Seasonal Fruit	Seasonal Fruit			