



Note: Ages 2 -4 years old have a morning snack of Simit and Milk, and an afternoon snack of fruit.

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	31
3	4	5	6	7
Spaghetti Bolognese	Ratatouille	Chicken Noodles	Pizza	Chicken Burger
Seasonal Salad	Rice with Lentils	Cut Fresh vegetables	Mixed Vegetables	French Fries
	Yoghurt			Salad
Seasonal Fruit	Chocolate Cake	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
10	11	12	13	14
17	18	19	20	21
Pasta with Creamy Chicken & Mushroom Sauce	Vegetable Cassarole (peas, corn & carrots)	Chicken Goujons	Cheese Pastry	Cyprus Style Kofte
Carrots	Bulgur Wheat	French Fries	Mixed Vegetables	Rice
Sweetcorn	Yoghurt	Salad		Seasonal Salad
Seasonal Fruit	Apple Crumble & Custard	Seasonal Fruit	Seasonal Fruit	Yoghurt
24	25	26	27	28
Oven Baked Pasta with Mince	BBQ Chicken	Laricot Beans with Carrots, Celery & Potatoes	Souther Baked Chicken	Beef Burger
Shepherd's Salad	Rice	Bulgur Wheat	Bulgur Wheat	French Fries
	Carrot & Cucumber Sticks	Cacık	Carrot & Cucumber Sticks	Salad
Seasonal Fruit	Seasonal Fruit	Irmik Helva	Yoghurt	Seasonal Fruit
			Seasonal Fruit	