DECEMBER **2019**

Note: Ages 2 -4 years old have a morning snack of Simit and Milk, and an afternoon snack of fruit.

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta with Creamy Chicken & Mushroom Sauce	Vegetable Cassarole(peas, corn & carrots	Chicken Goujons	4 Cheese Pastry	5 Cyprus Style Kofte
Carrots	Bulgur Wheat	French Fries	Mixed Vegetables	s Rice
Sweetcorn	Yoghurt	Salad		Seasonal Salad
				Yoghurt
Seasonal Fruit	Apple Crumble & Custard	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
Oven Baked Pasta with Mince	9 BBQ Chicken	10 Fish Kofte	11 Haricot Beans with Carrots, Celery & P	12 Beef Burger
Shepherd's Salad	Rice	Roast Potatoes	Bulgur Wheat	French Fries
	Carrot & Cucumber Sticks	Salad	Cacık	Salad
Seasonal Fruit	Seasonal Fruit	Irmik Helva	Seasonal Fruit	Seasonal Fruit
		17	18	19
Green Beans with Carrots	Chicken Meatballs	Jacket Potato	Chickpea with Carro	ots Turkey Slices
Bulgar Wheat	Rice	Chilli, Tuna or Cheese Filling	Bulgar Wheat	Roast Potatoes
Yoghurt		Salad	Yoghurt	Carrots & Brussel Sprouts
Rice Pudding	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
	23	24	25	26
	30	31		